



Author Tells of Courage, Strength

Jackie Waldman was living a normal life with three active children when she was diagnosed with multiple sclerosis.

Everything in her life suddenly changed. She was no longer able to take her long daily runs, or even walk around freely.



After a four year long "pity party", Jackie realized that there was a greater calling on her life. In addition to her own story, she began collecting stories from people all over the globe who had suffered physical or emotional pain, and gone beyond their own pain to help someone else.

She's been featured on Oprah twice and was chosen by CNN as one of their 50 Millennium Heroes.

Friday, she talked to Brenda Bennett about her book "The Courage To Give", and how it helped get her life back on track.

If you'd like to hear more of Jackie's story she is speaking at the Neuroscience Institute on Friday evening , October 22 from 6:30-9:30 p.m.

Mercy Hospital, 3120 West Memorial Road in Oklahoma City.

Registration begins at 5:30 and the actual event is from 6:00 to 8:30. For more information, you can call (866) 955-9999. It is a free event.